Our current treatment offerings

The competence center for authentic Ayurvedic Treatments in Mallorca is counting on alternative health strategies and sustainable healing concepts individually designed. Classic gentle treatments for the regeneration and detoxification, deceleration and anti-aging, practiced as competent as the strict Ayurvedic and integrative medical applications of Panchakarma and the ManaSanthi.

Traditional Shamana cure

Classic gentle detoxification and „slowing down“ harmonizes and activates self-healing, regeneration and strengthening of the immune system, as well as the reception of new energy for body, mind & soul. Restoring inner balance is the heart of this short, but very intensive Ayurveda treatment.

Complete offer „all inclusive“: (see: Scope)

1 Week / 6 Nights / Price per person	in double room:	€ 2.660,00
	in single room:	€ 2.760,00
8 Days / 7 Nights / Price per person	in double room:	€ 3.071,00
	in single room:	€ 3.171,00
9 Days / 8 Nights / Price per person	in double room:	€ 3.468,00
	in single room:	€ 3.568,00
10 Days / 9 Nights / Price per person	in double room:	€ 3.851,00
	in single room:	€ 3.951,00

Langhana - Therapeutic fasting regimen with Ayurveda & Yoga

The often during spring applied fasting method is used in Ayurvedic purification and cleaning of tissue as well as the strengthening of the metabolism and boosting the immune system, as well as a diet during and after serious illnesses. It initiates a comprehensive restructuring of the subcutaneous tissue, thereby causing a newfound vitality and lightness.

Complete offer „all inclusive“: (see: Scope)

1 Week / 6 Nights / Price per person	in double room:	€ 2.660,00
	in single room:	€ 2.760,00
8 Days / 7 Nights / Price per person	in double room:	€ 3.071,00
	in single room:	€ 3.171,00
9 Days / 8 Nights / Price per person	in double room:	€ 3.468,00
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VEAT

AYURVEDA® MALLORCA

Classic Rasayana Spa

Ayurvedic anti-aging program with general rejuvenation effect to stimulate and sustain revitalization of the body cells and regenerate the energy balance. The holistic recovery and strengthening of the health also causes a natural increase of performance and vitality.

Complete offer „all inclusive“: (see: Scope)

10 Days / 9 Nights / Price per person	in double room:	€ 3.788,00
	in single room:	€ 3.888,00
11 Days / 10 Nights / Price per person	in double room:	€ 4.150,00
	in single room:	€ 4.250,00
12 Days / 11 Nights / Price per person	in double room:	€ 4.498,00
	in single room:	€ 4.598,00
13 Days / 12 Nights / Price per person	in double room:	€ 4.832,00
	in single room:	€ 4.932,00
2 Weeks / 13 Nights / Price per person	in double room:	€ 5.152,00
	in single room:	€ 5.252,00
3 Weeks / 20 Nights / Price per person	in double room:	€ 7.840,00
	in single room:	€ 7.940,00

Special Marma-Point-Therapy

The Marma Point Therapy is one of the great healing secrets of Ayurveda, the art of treating very special vital points on the human body. It is used to detoxify the body, to strengthen and revitalize, to rejuvenate and relax or to release energy blockages. The treatment of these universal energy points find special application, which we can also find in other medical fields, such as acupuncture or shiatsu, in pain therapy; even with long-term complaints of organic or vegetative nature.

Complete offer „all inclusive“: (see: Scope)

1 Week / 6 Nights / Price per person	in double room:	€ 2.660,00
	in single room:	€ 2.760,00
8 Days / 7 Nights / Price per person	in double room:	€ 3.071,00
	in single room:	€ 3.171,00
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Original PanchaKarma

The supreme discipline of Ayurveda with a targeted intensive cleansing, detoxification and strengthening created individually due to the constitution and health of the immune system. This treatment program contains only traditional applications (Kerala Panchakarma). These treatments are generally performed under medical supervision and also contain opportunities for individual preparation and follow-up of our spa guests.

Complete offer „all inclusive“: (see: Scope)

2 Weeks / 13 Nights / Price per person	in double room:	€ 5.152,00
	in single room:	€ 5.252,00
3 Weeks / 20 Nights / Price per person	in double room:	€ 7.840,00
	in single room:	€ 7.940,00
4 Weeks / 27 Nights / Price per person	in double room:	€ 10.430,00
	in single room:	€ 10.530,00

ManaSanthi cure

The strengthening of the spiritual and psychological resilience is the focus of this special treatment. Its main aim is building and, in conjunction with the Panchakarma, strengthening physical constitution with specific Ayurvedic coaching supplements (combination of yoga and mental coaching, talk therapy and meditation, NLP and breathing techniques).
The Ayurvedic accompaniment in this program is the solution for mental exhaustion and emotional tensions, especially symptoms of stress, conflict, anxiety or depression and provides an effective burnout prevention.

Complete offer „all inclusive“: (see: Scope)

2 Weeks / 13 Nights / Price per person	in double room:	€ 5.152,00
	in single room:	€ 5.252,00
3 Weeks / 20 Nights / Price per person	in double room:	€ 7.840,00
	in single room:	€ 7.940,00
4 Weeks / 27 Nights / Price per person	in double room:	€ 10.430,00
	in single room:	€ 10.530,00

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AYURVEDA® MALLORCA

„HOUSE OF SILENCE“

For longer stays or more upscale demands, particularly at very specific cures, our seperate Ayurveda Mallorca® guesthouse is available, with its individual support and cure planning. It is suitable for families or groups from 3 to 6 people (in 3 double rooms en suite).

The selected location with the most beautiful natural beaches on the island, the surrounding pine forest and salt pans, and the fresh sea air are ideal for long walks and hikes, leading to numerous places with meditative spaces.

Therefore, this extraordinary course of treatment is especially useful in stress situations and after exhaustions, in the burnout – prevention, for the regeneration and rehabilitation after prolonged or serious diseases.

Scope of work: Airport Shuttle; Stay in the holiday villa with 3 double rooms / 3 bathrooms en suite, Terrace / balcony, Garden / swimming pool, living room with open kitchen; Shuttle service to the Ayurveda Centre: Yoga / Meditation (daily.) Treatments (2 times) and ayurvedic half board, cooking class and Ayurveda Lecture at the Finca.

The 3 double rooms can be occupied during the treatment of individuals or pairs or the entire holiday villa can be booked for small groups from 3 to 6 people.

Individual Course of Treatment and price agreement on request only!

Price examples:

1 Week / 7 Nights / with Ayurveda	for the villa:	€ 3.860,00
1 Woche / 7 Nights / without Ayurveda	for the villa:	€ 2.100,00
2 Weeks / 13 Nights / with Ayurveda	for the villa:	€ 7.752,00
2 Weeks / 13 Nights / without Ayurveda	for the villa:	€ 3.900,00
3 Weeks / 20 Nights / with Ayurveda	for the villa:	€ 11.840,00
3 Weeks / 20 Nights / without Ayurveda	for the villa:	€ 6.000,00

Member of VEAT – European Professional Association of Ayurveda Practitioners and Therapists e.V.
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Seal of quality stands for the following areas:
Ayurvedic medicine (diagnosis, medical consultation, Panchakarma, clinical therapy)
Ayurveda therapy (oil treatment, herbal and manual therapy)
Ayurvedic counseling (diet, lifestyle, psychology)
Ayurvedic Wellbeing (health promotion, massage and spa)

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